

Connecting recurrent novae with the lowest mass accretion rate neutron stars

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Accreting WD and NS: General motivation

Thermonuclear bursts (or Thermonuclear runaways) on WD and NS:

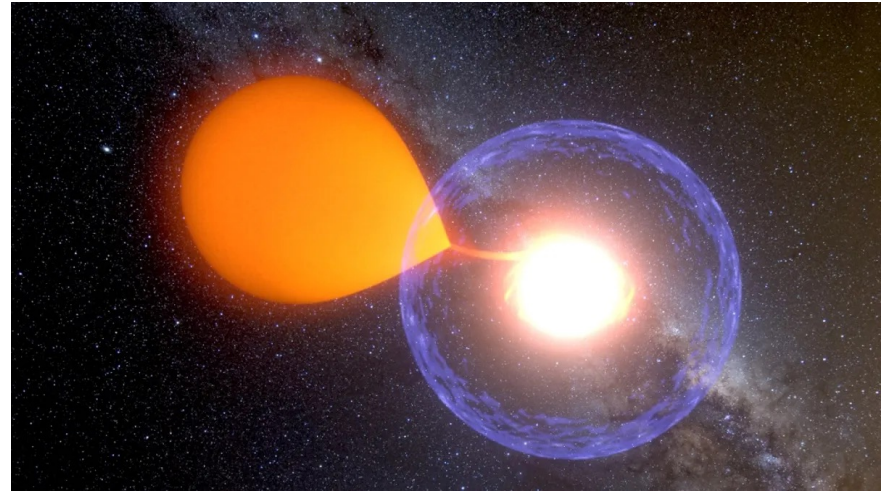
- Recurrent Novae (burst recurrence $t_{rec} \leq 100 \text{ yrs}$): possible type Ia supernovae progenitors
- NS Photospheric Radius Expansion: NS mass and radius constraints

Stable fuel burning vs unstable burning (type I X-ray bursts):

- How often and at what accretion rate?

milliHerz quasi-periodic oscillations (mHz QPO's): marginally stable burning, i.e stable He burning tracer.

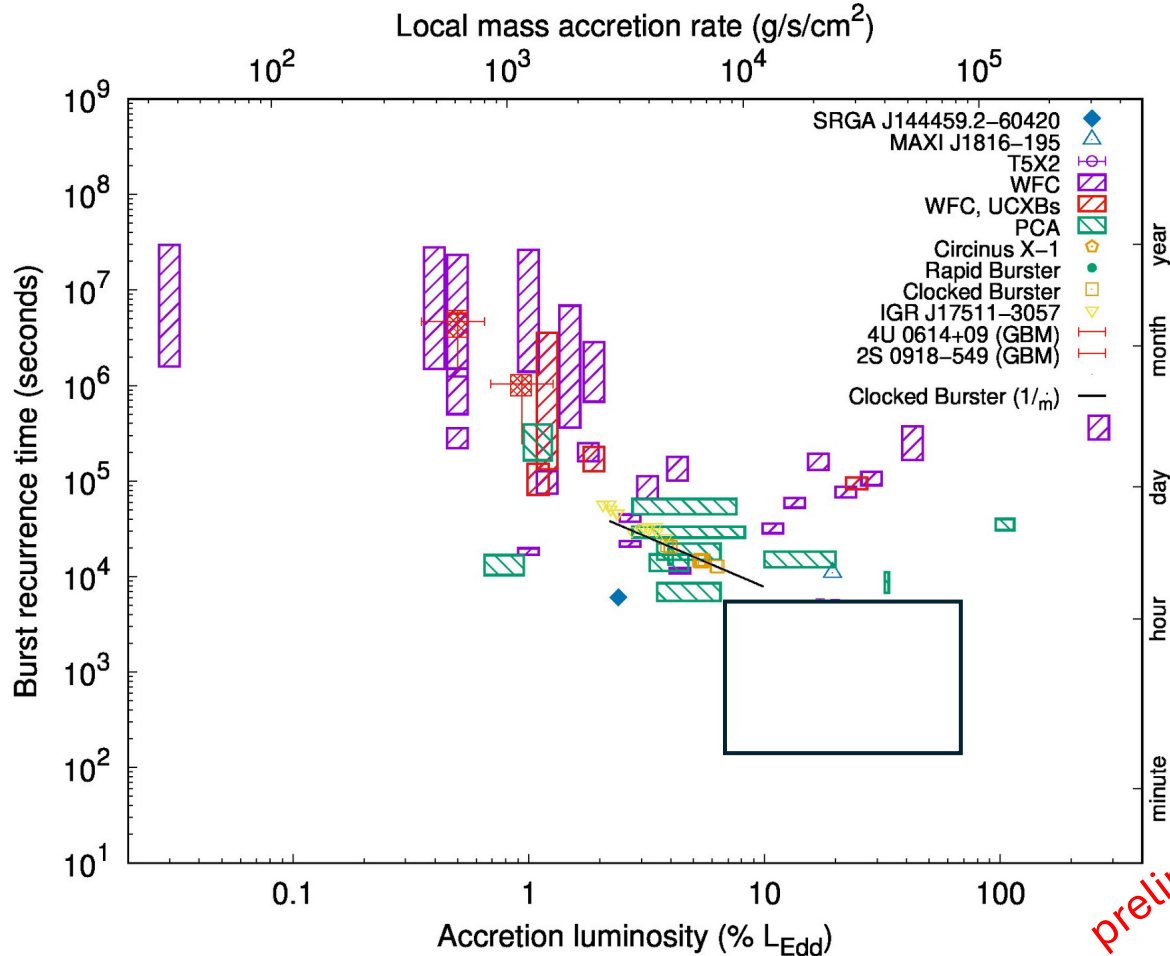
models of H and/or H/He ignition (NS). Do they agree with observations?



Artist's portrayal of a classical nova explosion.
K. Ulaczyk/Warsaw University Observatory

NS - 'bursters' recurrence time vs mass accretion rate

BeppoSax /WFC - in 't Zand et al 2007
 RXTE /PCA – Galloway et al 2008



Local mass accretion rate

$$\dot{m} = 3 - 2.6 \times 10^5 \text{ (g s}^{-1} \text{ cm}^{-2}\text{)}$$

Global mass accretion rate

$$\dot{M} = 10^{-13} - 10^{-8} M_{\odot} / \text{yr}$$

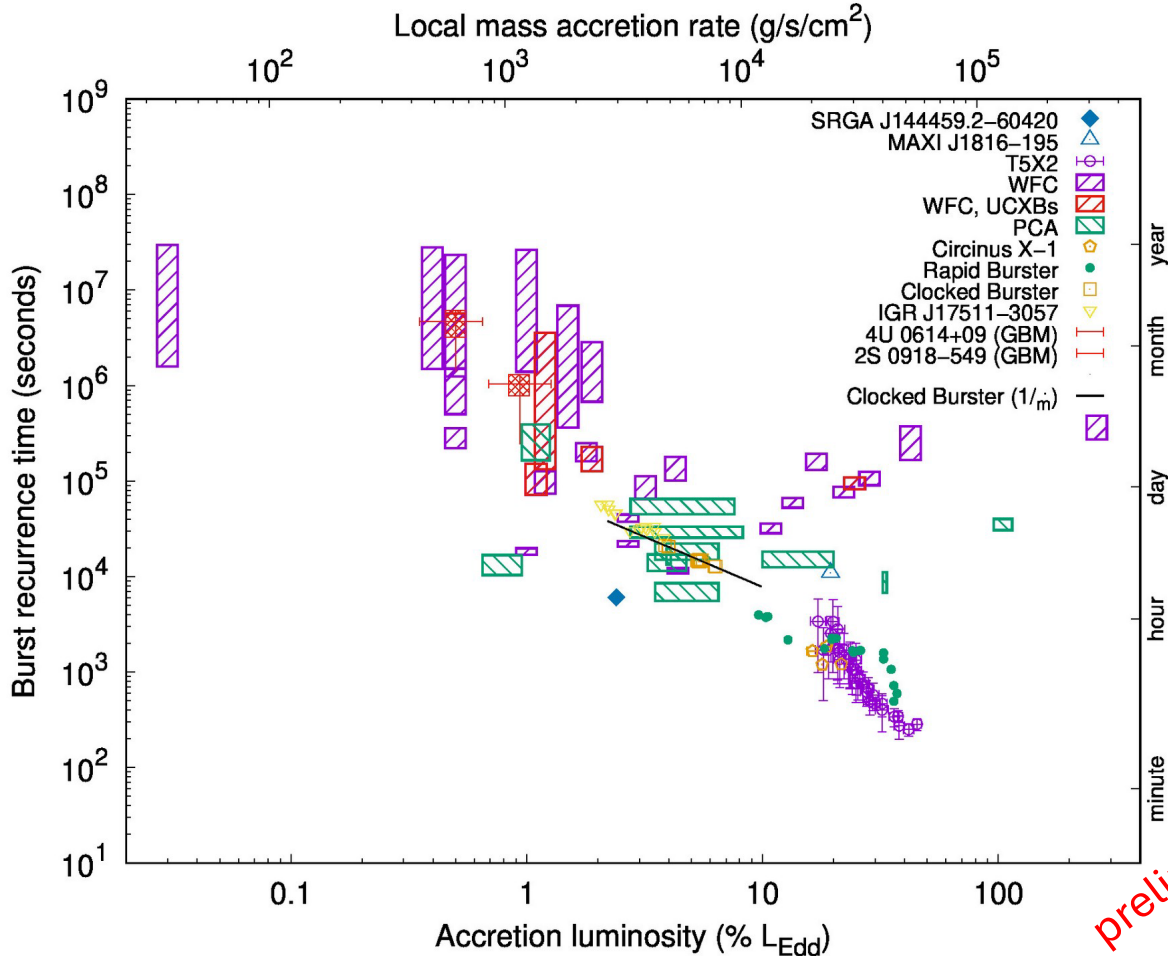
Accretion luminosity (% Eddington)

$$L_{acc} = 0.03 - 263\% L_{Edd}$$

Burst recurrence times (t_{rec}):
 Until 2012: down to 1 hour

preliminary

NS - 'bursters' recurrence time vs mass accretion rate



BeppoSax /WFC - in 't Zand et al 2007
RXTE /PCA - Galloway et al 2008

Local mass accretion rate

$$\dot{m} = 3 - 2.6 \times 10^5 (\text{g s}^{-1} \text{cm}^{-2})$$

Global mass accretion rate

$$\dot{M} = 10^{-13} - 10^{-8} M_{\odot}/\text{yr}$$

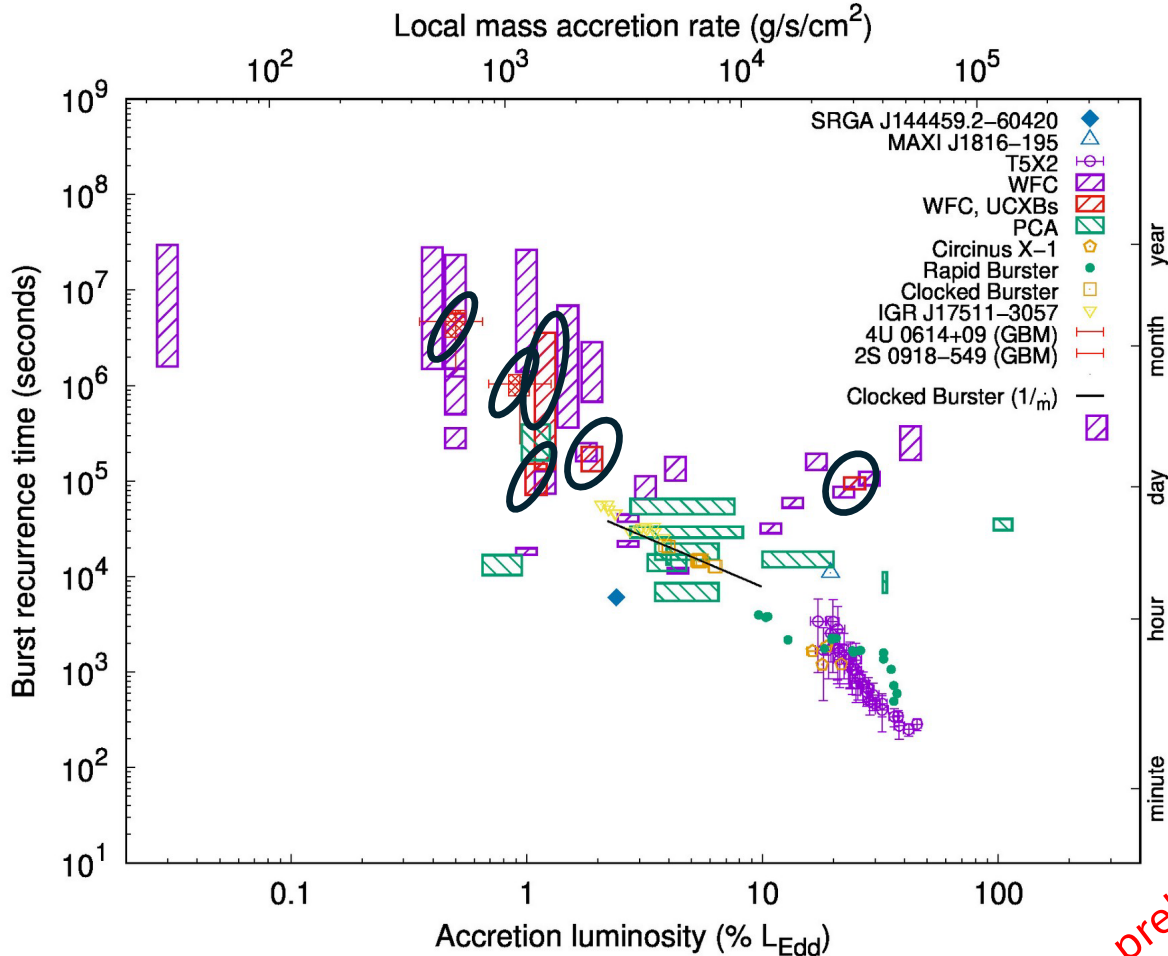
Accretion luminosity (% Eddington)

$$L_{\text{acc}} = 0.03 - 263\% L_{\text{Edd}}$$

Burst recurrence times now (t_{rec}):
From several minutes, up to a year

preliminary

NS - 'bursters' recurrence time vs mass accretion rate



Bepposax /WFC - in 't Zand et al 2007
 RXTE /PCA - Galloway et al 2008

Local mass accretion rate

$$\dot{m} = 3 - 2.6 \times 10^5 (g s^{-1} cm^{-2})$$

Ultracompact X-ray binaries (UCXBs)
 $(P_{orb} < 1 hr)$

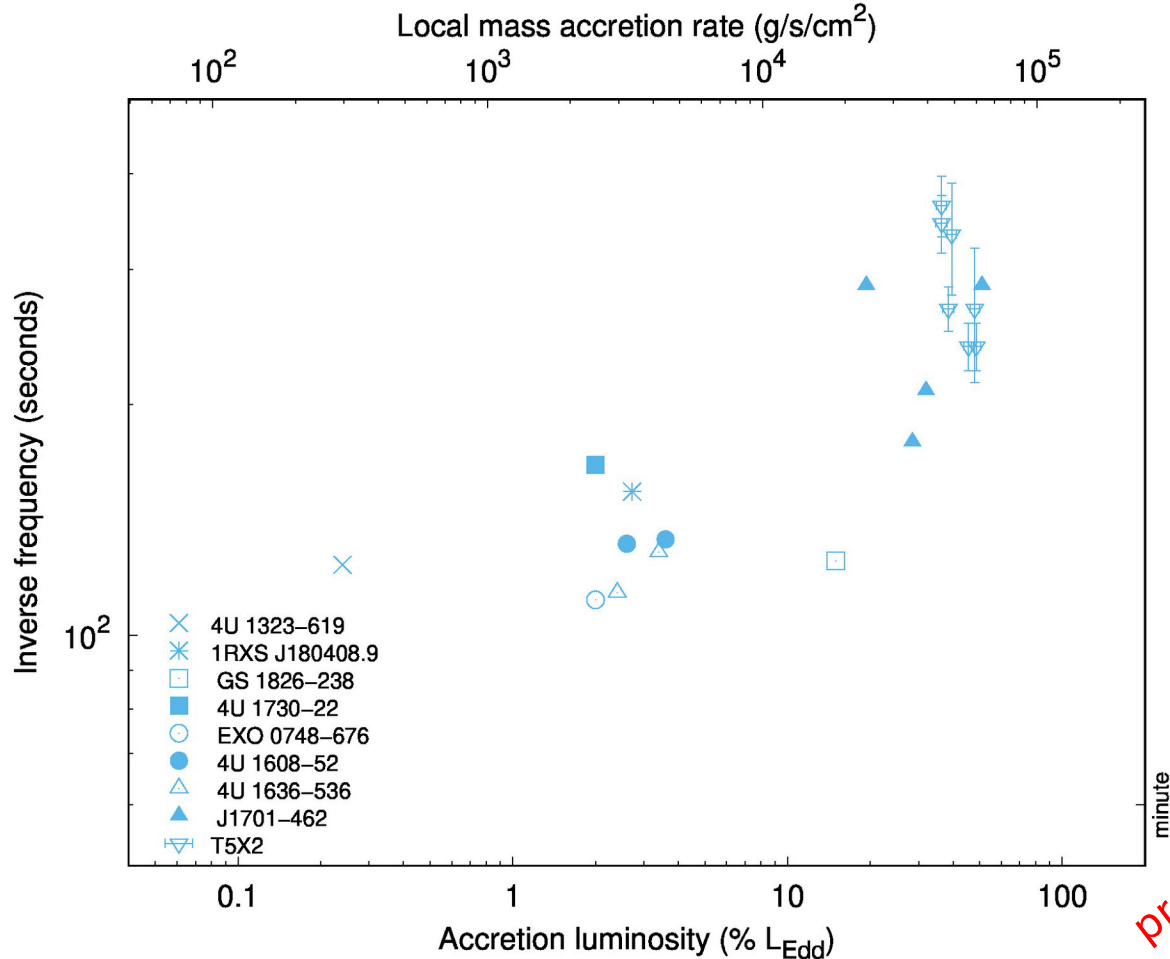
- Poor H systems, He rich accretion

T5X2 (Linares et al 2012):

Slow rotator (11 Hz), more frequent bursts

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NS – mHz QPOs



T5X2: and mHz QPOs!

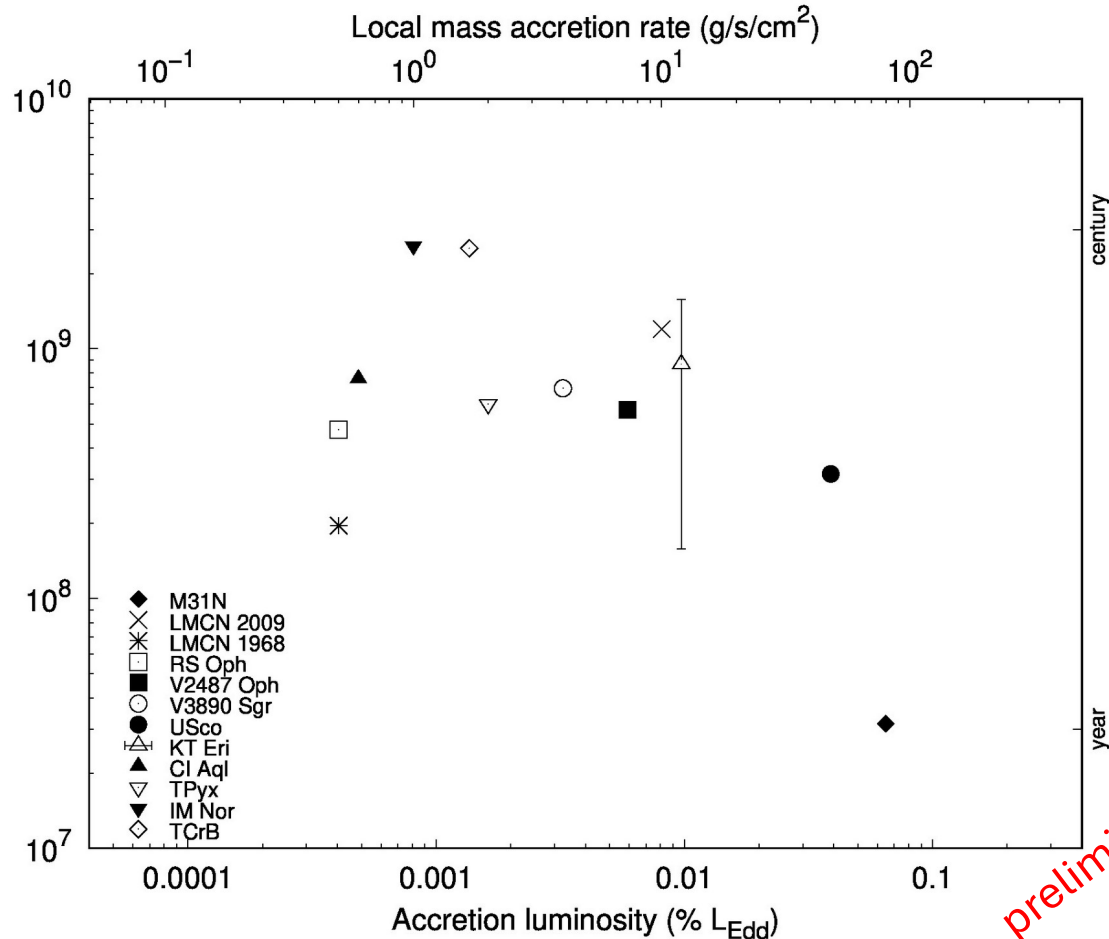
-Frequencies: 2.8 – 8.8 mHz

-Accretion rates: $L_{\text{acc}} = 0.2 - 50\% L_{\text{Edd}}$

Revnivtsev et al. (2001), Strohmayer & Smith (2011),
Linares et al. (2012a), Ferrigno et al. (2017), Strohmayer
et al (2018), Mancuso et al. (2019), Tse et al. (2021)
Mancuso et al. (2023), Tse et al. (2023)

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WD – RNe recurrence time vs mass accretion rate



Local mass accretion rate

$$\dot{m} = 0.5 - 80 (g s^{-1} cm^{-2})$$

Global mass accretion rate

$$\dot{M} = 10^{-8} - 10^{-6} M_{\odot}/yr$$

Accretion luminosity ($\% Eddington$)

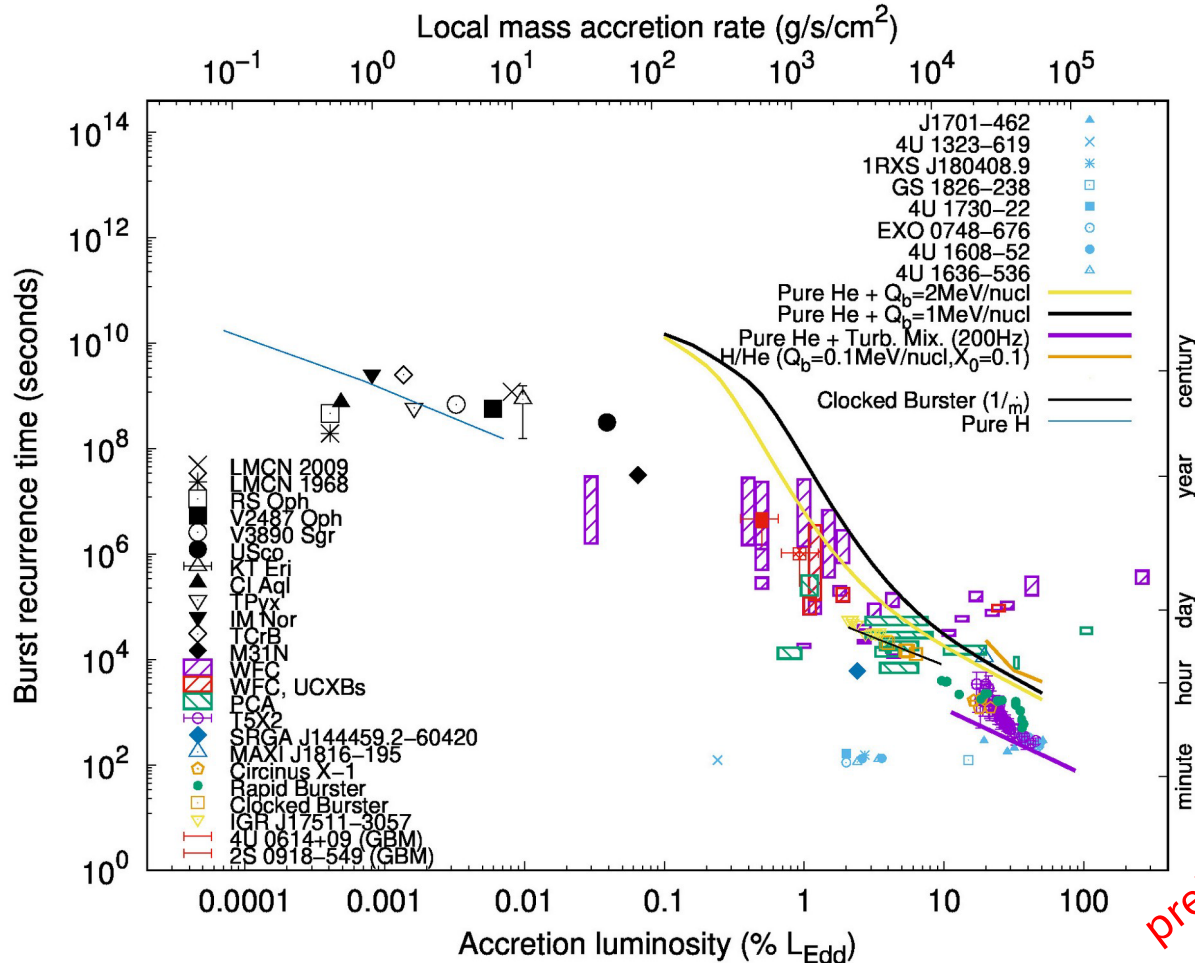
$$L_{acc} = 10^{-3} - 0.1 \% L_{Edd}$$

Burst recurrence times (t_{rec}):
1 year to a 100 years

Classical Novae: extend t_{rec} to 10^5 yrs

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WD & NS – Ignition Models



H ignition on RNe:

$$M_{WD} = 1.38 M_{\odot}, L = L_{\odot}, Z = 1$$

- t_{rec} (RNe): ~ 5 years

Pure He and H/He ignition on NS:
(Cumming & Bildsten 2000)

Rotation and turbulent mixing:
(Piro & Bildsten 2007)

More frequent bursts!

preliminary

Conclusions

- RNe and NS ‘bursters’ together, cover 6 orders of magnitude in t_{rec} , and 5 in \dot{m} and L_{acc}
- slower rotating accreting NS – more frequent bursts?
- highest mass accreting RNe bridge the gap with NS ‘bursters’
- mHz QPOs: marginally stable burning, observed at $L_{acc} = 2 - 50\% L_{Edd}$
- fuel composition and rotational dynamics can influence burst frequency
- more observations – better probing of burning regimes (hopefully!)